St Benedict's Parish Arcadia



PARISH Masses

Weekend:

Saturday 7:00pm Vigil Sunday 9:00am Sunday 10:30am

Weekday:

Mondays to Thursdays 9:30am

- Fridays 6.30pm Adoration 7:00pm Mass & Confession (Reconciliation)
- Saturdays 10am to 11am Adoration & Confession (Reconciliation)

MONASTERY CHAPEL Masses

Sundays Daily

7:00am 7:00am

Please contact Father Shansana for the following:

BAPTISMS

RECONCILIATION

FOR THE SICK

MARRIAGES

FUNERALS

Fr Shansana: 0437 884 233

THIRTEENTH SUNDAY

IN ORDINARY TIME

YEAR A

1 & 2 JULY 2023

ENTRANCE ANTIPHON

All peoples, clap your hands. Cry to God with shouts of joy!

SUNDAY HOLY MASS PRAYER

O God, who through the grace of adoption chose us to be children of light, grant, we pray, that we may not be wrapped in the darkness of error but always be seen to stand in the bright light of truth. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

SELF REFLECTION: SIMPLE KINDNESS

Sunday's Gospel, Matthew 10:37-42 Jesus said to the disciples, "whoever gives even a cup of cold water to one of these little ones in the name of a disciple truly I tell you, none of these will lose their reward."

The rewards promised by Jesus goes beyond just almsgiving to others. It is also giving care and generosity to anyone in any walk of life, wherever people devote themselves to serving others.

- Do I see people around me who serve others?
- How can I serve them?
- Do I go out of my way just to be kind and offer them a drink or simple care?
- What more can I do for them?



PRAYER:

Dear Lord, Help me open my eyes to see the people who are serving others so that I may serve them when they need it, in whatever way I can. Amen.

THIRTEENTH SUNDAY IN ORDINARY TIME

First Reading: 2 Kings 4:8-11, 14-16 (JB) A reading from the second book of the Kings That is the holy man of God, let him remain there.

One day as Elisha was on his way to Shunem, a woman of rank who lived there pressed him to stay and eat there. After this he always broke his journey for a meal when he passed that way. She said to her husband, 'Look, I am sure the man who is constantly passing our way must be a holy man of God. Let us build him a small room on the roof, and put him a bed in it, and a table and chair and lamp; whenever he comes to us he can rest there.'

One day when he came, he retired to the upper room and lay down. 'What can be done for her?' he asked. Gehazi (his servant) answered, 'Well, she has no son and her husband is old.' Elisha said. 'Call her.' The servant called her and she stood at the door. 'This time next year,' Elisha said 'you will hold a son in your arms.'

The word of the Lord. Thanks be to God.

Responsorial Psalm:

For ever I will sing the goodness of the Lord. R.

Second Reading: Romans 6:3-4, 8-11 (JB)

A reading from the letter of St Paul to the Romans Having been buried with him through baptism, we shall walk in a new life.

When we were baptised in Christ Jesus we were baptised in his death; in other words, when we were baptised we went into the tomb with him and joined him in death, so that as Christ was raised from the dead by the Father's glory, we too might live a new life.

But we believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

The word of the Lord. Thanks be to God.

Gospel Acclamation

Alleluia, alleluia! You are a chosen race, a royal priesthood, a holy people. Praise God who called you out of darkness and into his marvellous light. Alleluia!

GOSPEL: Matthew 10:37-42 (JB)

A reading from the holy Gospel according to Matthew Anyone who does not accept his cross is not worthy of me. Anyone who welcomes you, welcomes me.

Jesus instructed the Twelve as follows: 'Anyone who prefers father or mother to me is not worthy of me. Anyone who prefers son or daughter to me is not worthy of me. Anyone who does not take his cross and follow in my footsteps is not worthy of me. Anyone who finds his life will lose it; anyone who loses his life for my sake will find it.

'Anyone who welcomes you welcomes me; and those who welcome me welcome the one who sent me.

'Anyone who welcomes a prophet because he is a prophet will have a prophet's reward; and anyone who welcomes a holy man because he is a holy man will have a holy man's reward. 'If anyone gives so much as a cup of cold water to one of these little ones because he is a disciple, then I tell you solemnly, he will most certainly not lose his reward.'

The Gospel of the Lord.







GOSPEL REFLECTION Sunday, July 2 2 Kings 4:8-11, 14-16 Psalm 89:2-3, 16-19 Romans 6:3-4, 8-11 Matthew 10:37-42

Death no longer has power over him. (Romans 6:9)

It's easy to skim over Paul's words here. Of course, death has no power over Jesus! He has already died and come back to life. But the power of Jesus' resurrection did more than make him able to pass through walls and ascend into heaven. Paul also says that Jesus has "died to sin, once *for all*" (Romans 6:10, emphasis added). He isn't the only one whose life has been changed. By his death and resurrection, he has destroyed the power of sin and death over everyone. And Baptism gives us access to all the blessings of his risen life!

Now, experience tells us that Baptism doesn't mean that we can walk through walls as Jesus did. And it certainly doesn't guarantee a life of sinless perfection. But it does release us from the *permanence* of sin and death.

Because Baptism washes us clean of original sin, we no longer live under a constant fear of God's judgment. We can rejoice in the knowledge that "there is no condemnation for those who are in Christ Jesus" (Romans 8:1). And when we do sin, we can quickly repent and come back into that freedom.

Because Baptism unites us with Jesus, the deathless one, we have the hope of a resurrection to the same eternal life that Jesus knows. Death is no longer a tragic end for us; it's the doorway to a new, glorious beginning!

Because Baptism immerses us into Jesus' own dying and rising, we are no longer hopelessly tethered to sin. We have received a new grace enabling us to say no to temptation whenever we choose. We are now free to "live in newness of life" (Romans 6:4).

If this sounds too good to be true, be assured that it's both *very* good and *very* true. Spend time today reading this passage over and over. Ask the Spirit to show you how you—yes, even you—are indeed set free from the power of sin and death!

"Jesus, I praise you! By your cross and resurrection you have set me free!"

Source: Word Among Us India

July	LITURGICAL FEASTS AND EVENTS OF THE WE	EK
Monday 3	Readings: Eph 2:19-22. Jn 20:24-29. R: Go out to all the world, and tell the Good News. <i>St Thomas, apostle.</i>	Dear St Maria Goretti, Teach us all, especially
Tuesday 4	Readings: Gen 19:15-29. Mt 8:23-27. R: O Lord, your kindness is before my eyes. <i>St Elizabeth of Portugal.</i>	the youth, to flee from anything that could offend Jesus and stain our souls with sin. Amen.
Wednesday 5	Readings: Gen 21:5, 8-20. Mt 8:28-34. R: The Lord hears the cry of the poor. <i>St Anthony Zaccaria, priest</i> .	6
Thursday 6	Readings: Gen 22:1-19. Mt 9:1-8. R: I will walk in the presence of the Lord in the land of the living. <i>St Maria Goretti, virgin, martyr.</i>	
Friday 7	Readings: Gen 23:1-4, 19; 24:1-8, 62-67. Mt 9:9-13. R: Give thanks to the Lord for he is good. <i>BI Peter To Rot, martyr.</i>	20
Saturday 8	Readings: Gen 27:1-5,15-29. Mt 9:14-17. <mark>R:</mark> Praise the Lord for he is good!	9 and the second second

POPE FRANCIS' PRAYER INTENTION FOR JULY 2023

FOR A EUCHARISTIC LIFE

We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.



Source: Ordo 2023

THE RULE OF ST BENEDICT

Chapter 4

To reverence the old.

PARISH FUNDS

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

Bank Details for ONLINE only donations: BSB: 062 784 Acct: 100002141 Name: Catholic Parish of Arcadia Bank: CBA—Catholic Development Fund

PARISH PRIEST

Bishop Anthony Randazzo has appointed Fr. Shansana as Parish Priest of Arcadia Parish on the 30th of June.

We are grateful for this appointment and look forward to Shansana's continuing work in the Parish for the next six years.

Fr. David

PETER'S PENCE COLLECTION

The Peter's Pence Collection is traditionally taken up throughout Catholic parishes around the world either on 29 June, the Solemnity of Saints Peter and Paul, or on the Sunday closest to this Solemnity. This collection helps provide the Holy Father with funds for emergency assistance to those in need. The proceeds enable Pope Francis to assist the most disadvantaged in emergency situations including victims of war, oppression, and disasters. Thank you for your generosity.

SACRAMENTAL PROGRAM

OUR NEXT SACRAMENTAL PROGRAM

is now open, commencing with Confirmation (child must be in year 3 or above, this year). Confirmation classes will be held in August 2023.

The forms are available in the sacristy, otherwise please email the parish if you would like your child to be added to the list. The form is also available on the parish website.

In the Diocese of Broken Bay, the order of receiving of the sacraments is:

Confirmation, Reconciliation, then Eucharist. Children are usually prepared for these sacraments in Years 3 and 4.





St Vincent de Paul Society good works

ST.VINCENT DE PAUL WINTER APPEAL

We are hoping to collect any **non-perishable food and toiletries** you may be able to donate.

We also want to express our gratitude for the generous donations we have received through the Poor Boxes in the church. These donations and those from our appeals are hugely appreciated as we are helping so many more families suffering hardship in these difficult times.

We take this opportunity to welcome Marie Endicott as a new member of Arcadia Conference. We are delighted to have her on board.

Rita, Lila, Marie & Karen - Vinnies Arcadia.



REST IN PEACE

It is with great sadness we announce the passing of:



ROSARIA CALI



Funeral will be held here in the parish on Tuesday 4 July at 10:30am.

Eternal Rest grant to her O Lord, And let the Perpetual light shine upon her, May she Rest in Peace. Amen

Our prayers and thoughts are with all the Cali family and friends.

In Our Parish

(please let us know if you would like someone added here)

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially Gina Volpato (John's mum), Tony Takchi, Brother Mario & Brother Terry, Koana Zouein (Rita Sarkis' mum) and Jenny Taylor.

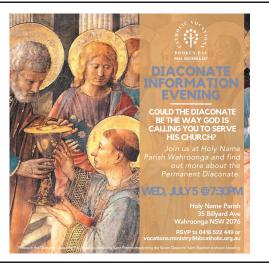




We remember in our prayers all our dearly beloved who have died, especially Rosaria Cali, Carmen Camilleri and Karl Maurer, and Lyla Abood (first anniversary). May they rest in Peace.

TRI-DIOCESAN SOCIAL JUSTICE EVENING CATECHISTS' NEWS 2023 Along with the important teaching of the Council, RESPECT mention should be made of the constant interest of the CONFRONTING VIOLENCE & ABUSE Popes, the Synod of Bishops, the Episcopal **TRI-DIOCESAN SOCIAL JUSTICE EVENING 2023** Conferences and individual Bishops who, in recent decades have contributed to a significant renewal of catechesis. The Catechism of the Catholic Church, the Apostolic Exhortation Catechesi Tradendae, the General Catechetical Directory, the General Directory for Catechesis and the recent Directory for Catechesis, as well as the many national, regional and diocesan Catechisms, have confirmed the centrality of a WEDNESDAY 26TH JULY, 2023 catechesis that gives priority to the education and ongoing formation of believers. This year's Tri-Diocesan social justice event is on the Pope Francis' Apostolic Letter 10 May 2021 Instituting topic of the current Australian Catholic Bishop's the Ministry of Catechist statement on domestic violence: 'Respect: Confronting Violence and Abuse.' Term 2 ended this week. Term 3 will start on Monday 17th July. Wishing all a safe and enjoyable holiday This is an annual event organised by the Diocese of break! Broken Bay, the Diocese of Parramatta and the Archdiocese of Sydney, with Sydney hosting the event The Safeguarding Children training for all Catechists this year as follows: has been rescheduled for Thursday 3rd August 9:30am - 12:30pm at the parish. Date: Wednesday 26 July 2023 Time: 6:00pm - 8:30pm If you would like to learn more about being a Catechist Venue: Catholic Institute of Sydney, Strathfield or a helper, please talk to myself, or one of our parish Presenters on the evening include the organisers of a Catechists or any of our priests. Training, a Teacher's photographic exhibition recently held on the Central Manual and workbooks are provided free. Coast to draw attention to this issue, which includes God bless, Commander Sharon Marshall from the NSW Police. Miriam Brown srearcadia@gmail.com For other speakers and further details, please see flyer Parish Catechist Co-ordinator below. This is a free event, and includes dinner. All most welcome to be part of this important conversation. PRAYER OF THE FAITHFUL BOOKS Registration is essential at: https://tinyurl.com/2wwy3ajm

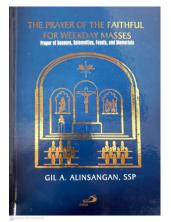
Enquiries: Email pina.bernard@bbcatholic.org.au or phone 0432 682 238

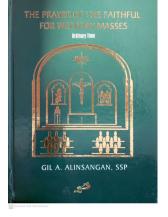


CCC PRAYER GROUP



Prayer meeting held every Friday nights: after 7pm Mass Wednesday mornings: after 9.30am Mass. Everyone welcome. Come and meet new people. For more details call Mary Camilleri on 0403 116 987.





We would like to purchase the above two hardcover books for our parish. If anyone is interested in donating to purchase them would be greatly appreciated. Please contact Fr Shansana or the parish office.





Saint Anthony Mary Zaccaria, Priest



c. 1502-1539

Feast Day July 5

Patron Saint of physicians

In 1502, Anthony Mary Zaccaria was born into a noble family in Cremona, a town in northern Italy. His father died when Anthony was two, leaving his eighteen-year-old mother to raise her only child. She ensured he received a good education and instilled in him a deep faith. His mother taught him to pray, leading him to spend long periods praying before a special altar dedicated to the Blessed Virgin Mary in their home, attending Mass, and preaching to his friends. Anthony was also deeply influenced by his mother's care for the poor. Once, while returning from church, he encountered a poor, half-naked beggar who asked for alms. Having nothing on him, Anthony gave the beggar his silk cloak. His mother's praise for this act of charity further motivated Anthony's dedication to caring for the poor and sick.

After Anthony completed his elementary studies in Cremona, his mother sent him to Pavia to study philosophy and then to Padua to study medicine. At the age of twenty-two, he earned his doctorate in medicine and returned to Cremona, where he began his work as a physician, devoting much of his time to the care of the poor. As a physician, Doctor Anthony discovered that he could minister to both the physical and spiritual needs of the sick, especially those who were on their deathbeds. When called to the bedside of the sick, he encouraged them to turn to God in prayer, to receive the Sacraments, and to turn away from sin. He also gathered poor children together and taught them catechism. As his influence grew, members of the noble class also sought him out as a teacher for their children. Eventually, Doctor Anthony began preaching in the local church as a layman, drawing a diverse crowd of rich and poor, young and old.

Not long after starting his medical practice, Doctor Anthony realized that the salvation of souls was of far greater importance than the healing of the body. As a result, he abandoned his medical practice and devoted himself more fully to prayer so that he could discern God's will. At the urging of his spiritual director, Anthony pursued theological studies and ordination to the priesthood, and in 1528, at the age of twenty-six, he was ordained a priest. During his first Mass, a miracle took place. At the moment of consecration, Father Anthony was enwrapped in light that remained until the Blessed Sacrament was consumed. News of this miracle spread quickly, and many wondered what would become of this new saintly priest.

As a priest, Father Anthony continued to minister to the spiritual needs of the people of Cremona. At that time, morals were in steep decline, poverty was on the rise, constant wars had taken a toll, and church attendance had greatly diminished. North of Italy, the Protestant Reformation was in full swing and confusion was prevalent. In this context, Father Anthony continued to catechize the young and old, rich and poor. Many were attracted to him due to his eloquence and manifest holiness. Indifferentism had become the "religion" of the day, but in Father Anthony, many people found an answer to their spiritual emptiness. They listened to his sermons and teaching, confessed their sins, attended his Masses, and sought out his counsel.

After laboring in Cremona for two years, divine providence led Father Anthony to Milan. Milan was a flourishing city at that time, but it was also a city without morals. Then under Spanish rule, Milan suffered from the turmoil caused by the Protestant Reformation. In Milan, Father Anthony attempted to do what he had done in Cremona, catechizing, preaching, calling people to repentance, visiting the sick and imprisoned, and caring for the poor. The moral decay in that town, however, was so great that Father Anthony knew he needed to do more. After much prayer and meditation upon the Cross, he was inspired to form a new community of religious individuals who would work for the salvation of souls. He met two kindred spirits, Bartholomew Ferrari and Anthony Morigia, who listened to his ideas and enthusiastically joined him. Together, they formed the Clerics Regular of St. Paul, a new religious order dedicated to simple and prayerful living and preaching that sought to imitate the great evangelist Saint Paul. This order later came to be known as the Barnabites, taking the name of one of Saint Paul's faithful companions, Barnabas.

The Barnabites lived the radical Gospel message of Christ crucified, as preached by Saint Paul, by embracing radical poverty, mortification, charitable works, and the proclamation of the Gospel. Little by little, they aroused the interest of the people of Milan and hearts began to convert. The devil, furious at their victories for Christ, lashed out in numerous ways, first by disturbing them in their dwellings with noises and vile manifestations, and then by stirring up some townspeople against them. Father Anthony and his companions, however, were victorious, and the devil's attacks were thwarted as the people turned to adoration of Christ crucified.

In addition to a new religious order for men, Father Anthony gathered some holy women together under Countess Ludovica Torelli, Countess of Guastalla, for whom Father Anthony was spiritual director. At Father Anthony's request, the countess petitioned the pope for permission to found a new order. Once granted, Father Anthony, the countess, and other women founded the Angelic Sisters of St. Paul. *(continued...)*

(continued from previous...)

They not only lived a life of prayer, penance, and poverty, but they also engaged in public works of charity, working to reform religious life as a whole by their good example. The order flourished and made a great impact in Milan and other cities.

For the next few years, Father Anthony and his followers worked to expand their ministry by offering conferences for the clergy, establishing an organization for married persons, and offering missions of evangelization. He fostered devotion to the Blessed Sacrament by instituting the practice of forty-hours devotion before the exposed Eucharist, encouraged frequent Communion, and prompted churches to ring their bells at three o'clock on Fridays to invite people to a moment of prayerful recollection on the Passion of Christ.

After years of severe penance and tireless service in his apostolate, Father Anthony died on the eve of the Solemnity of Saints Peter and Paul at the age of thirty-seven. Twenty-seven years after his death, his body was found to be incorrupt.

As we honor this fervent founder, preacher, lover of the Cross, and servant of charity, ponder Saint Anthony's discovery that the salvation of souls is the greatest mission one can have in life. In the end, what will matter is how well we fulfilled the will of God. First and foremost, the will of God invites us all to have zeal for the proclamation of the saving message of Christ crucified in our words and deeds. Seek to imitate this servant of Saint Paul by freely embracing Saint Paul's words, "But may I never boast except in the cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world" (Galatians 6:14).

Saint Anthony Mary Zaccaria, from a young age God entered your heart and filled you with a burning love for the poor, sick, imprisoned, and sinner. You worked tirelessly in fulfilling God's mission to save souls. Please pray for me, that I will have the same zeal that you had so that God can use me to bring His saving message to others. Saint Anthony, pray for me. Jesus, I trust in You. Source: mycatholic.life

FRAGMENTED FAMILIES

Interfering family members is an age-old problem and is an area that couples struggle with in their relationships. It's a real challenge, particularly for couples in the early years of their relationship. They struggle to work out the right balance because they care and love their families. They also care and love the person that they're in a relationship with. It could be the longest existing problem in couple relationships' history.

There is this beautiful phrase in the bible. In the book of Genesis, it says, "for this reason, a man will leave his mother and father and joined with his wife and the two shall become one body."

Generally, family members meddle because of personality differences. Families also come with different 'norms' and ways of doing things, such as how they manage their money, leisure time and time off and how they express affection, like hugs, cuddles, kisses. It must be said that change is often difficult. And marrying into a different culture, whether it's heritage or religion can be both a blessing and a curse.

Approaching differences from a perspective of openness and curiosity to learn new ways can be a real blessing in family life. However, it becomes very difficult when families become gridlocked into believing their way is the best way. Finding a way forward can therefore be problematic. Traditions and cultural things of value can be a reason why families interfere. For example, how a family celebrates Christmas and other culturally important occasions. Sometimes it's due to loneliness. For single parent families and the children who find someone they love and start a new relationship.

There are things that stand out that are helpful for couples to keep in mind. When we're stuck in a situation where a partner or spouse sees something one way and the extended family has another view, it can make you feel like you are the meat in the sandwich. You are trying to make everyone happy but not succeeding in making anybody happy. Step one is to realise there is no sandwich. You have chosen your partner and if you're married you stood at an altar and you said, "I choose to put you before all other people." That doesn't mean you don't care about your family but ultimately when it comes to a difficult decision, you prioritise your partner and his/her needs. You don't have to make financial or parenting decisions with anyone else. It is up to you and the person you are in this relationship with. The second thing for couples to remember is to take responsibility for their own family and negotiate with their own extended family. They obviously have a much deeper history with their own family than they do with their partner's family.

For example, take the grandparent who loves to give his grandchildren lollies. That in itself is not a problem but it may be an issue if it occurs just before dinner. In this situation, it is much easier for the son or daughter to say to their (respective) parent not to give the children lollies before dinner because they have a better understanding of their own family. It is easier to negotiate on behalf of the couple because they probably know the best way to get what they want from their family.

It is also very important for couples to develop 'we' language. When we use the word 'we' it puts us in a position to ask our spouse when we are dealing with other family members. For example, my mum says, "Why don't you, Karen and the kids come over on Saturday?" Now I could say, "Look, I'll check with Karen and get back to you.' The problem with that is that without meaning to, it can sound like 'Derek wants to come for morning tea, but Karen's the one who always holds him back'. It's much safer for me to say, "I'm not sure what we are doing Saturday, so we'll get back to you." Then it's not me or Karen, it's us. 'We' as a couple make these decisions together. Source: maiellan.media

Please join us for morning tea after the 9am Mass

ROSTER NOW AVAILABLE IN SACRISTY – PLEASE COLLECT							
Your name is marked on your copy							
NEXT WEEKEND'S ROSTER							
8/7/2023 to 9/7/2023 FOURTEENTH SUNDAY IN ORDINARY TIME - YEAR A							
Acolyte		Lorraine D	Jerry L?				
Reader1	Matt W	Rebecca R	Adam J				
Reader2	Sr Carol T	Ann L	Steve M				
Prayers	Mary C	Judy H	Emma M				
TV		Joshua A	Mary A				
Music		Melanie H	Melanie H				
Music		Marisa Q	Martina J				
Music		Theresa N	Keith W				
Music		Teresa G					
Morning Tea		Sophie R					
FLOWERS	Hannah A						

Thank You!

Thank you to all our volunteers, we really appreciate it!

If anyone would like to join our parish roster please contact the parish.

Website:

Easabaak

www.bbcatholic.org.au/arcadia

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ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:

Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.

PARISH OFFICE HOURS:

Mondays & Fridays:	9.30am to 2.30pm	Гасероок:	stbenedictsarcadia	
Parish Office: Email:	02 9653 2312 arcadia.parish@bigpond.com	MONASTERY:	9653 1159	Like us on Facebook
Parish Administrator: Email: After hours:	Fr Shansana Samarasinghe OSB sanshanasamarasinghe@yahoo.com 0437 884 233	BANK DETAILS for ONLINE only donations: BSB: 062 784 Account: 100002141 Account Name: Catholic Parish of Arcadia Bank: CBA—Catholic Development Fund		
Address: Postal address:	2 Fagans Road, Arcadia NSW 2159 121 Arcadia Rd, Arcadia NSW 2159	For all parish Occupational Health & Safety and Safeguarding Children matters Contact: <i>Lorraine Dailey on 0416 081 882.</i>		